

# Pico Duarte

## November 2018

Between the Central Mountain Range, the protected areas are the National Park Armando Bermúdez and José del Carmen Ramírez, these places are the cradle of the highest mountain of all Caribbean, the majestic and enigmatic Pico Duarte. Most people describe the excursion to the Pico Duarte as the maximum adventure in the Dominican Republic.

It is a five-day adventure where we will make several stops for rest and supply.

During our trip we will see the Tetero Valley, the Yaque del Norte river, the Piedra Taína Petroglyph, the Whale watering place and other impressive places.

**Duration: 5 Days**

**Approximate cost: 200USD - 250USD**

- Participants must be in good physical condition to participate
- Health problems or special medical needs must be communicated to the staff in advance

What to bring with you:

- Sleeping bag
- Flashlight or head lamp
- Gloves
- Lipstick
- 1 coat, two sweaters and a scarf
- Plate, glass, fork, knife and spoon
- Appropriate hiking shoes
- Swimwear
- Sports bottle
- Camera (optional)



# Punta Rucia

## January 2019

Cayo Arena is a coral bank in the middle of the sea whose real name is Cayo Paraíso, located in the Northwest of the Dominican Republic of the coast of Puerto Plata in Punta Rucia. According to CNN travel, it is among the 35 most beautiful beaches in the world.

This natural phenomenon bank that is frequently visited by hundreds of tourists, is a jewel of nature, a true paradise of the Caribbean. The size of the coral bank shrinks and expands depending on the seasons of the ocean currents.

We will make a tour through the mangrove forest, a habitat that hosts countless animals such as the Antillean manatee and we will also visit La Ensenada beach.

What to bring with you:

- Camera
- Sunscreen
- Swimwear

**Duration: 3 Days**

**Approximate cost: 165USD**





# East Coast trip

## April 2019

It is one of the fastest growing regions of the Dominican Republic, where economic dynamism revolves around tourism, agro-industry, livestock and services. Having as its scenario the Great Eastern Plain, this region has all kinds of attractions. National Parks, Scientific Reserves, Historical and Religious Monuments as well as the most exclusive tourist centers of the country.

What to bring with you:

- Camera
- Sunscreen
- Swimwear

We will go to the Majestic Natural and Anthropological Monument of Cueva de las Maravillas followed by a visit to the majestic scenery of Bayahibe Beach, the beautiful beach of Saona as well as a natural pool.

Duration: 3 Days  
Approximate cost: 175USD



# South Coast trip

## June 2019

The southern region is hardly known and is considered to be the poorest region but ironically it hosts a series of natural resources that make this place one of the most beautiful and impressive places in the whole country. Among its numerous protected areas we can mention the Sierra de Bahoruco, Sierra de Neiva, Sierra Martín García, Laguna de Rincón, Enriquillo Lake and P.N. Jaragua.

We will first go to the Province of Peravia towards Las Salinas where the staff will explain everything about the salt ation system. In the further course of our trip we will explore the only existing desert in the Caribbean called Las Dunas de las Calderas.

What to bring with you:

- Camera.
- Sunscreen
- Swimwear
- Sleeping bag
- Flash light

Later on we will go to Barahona and visit one of the shortest rivers in the world, the Patos's River. We will visit the paradisiac beach of Cabo Rojo, Bahía de las Águilas. On our last day we will go to the community of San Rafael to the San Rafael waterfall and then to San Rafael or Quemadito beach.

Duration: 3 days  
Approximate cost: 175USD

